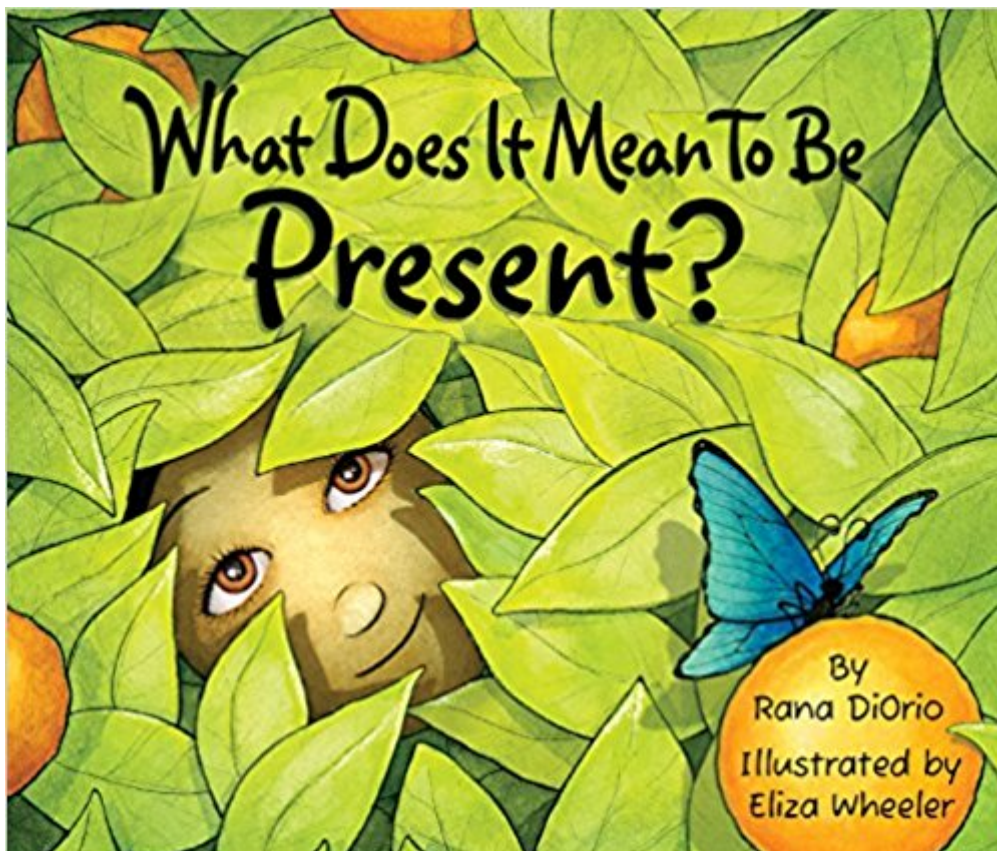


The book was found

# What Does It Mean To Be Present?



## Synopsis

A Mom's Choice Gold Award Winner! Being present means... Noticing when someone needs help  
Waiting patiently for your turn Focusing on what's happening now Follow a group of friends at  
school, at home, and at the beach as they experience just what it means to be present. More  
Awards for What Does It Mean to Be Present?&#x95; The Living Now: Books For Better Living  
Award&#x95; The Nautilus Silver Award for Children's Picture Book&#x95; The Moonbeam Gold  
Children's Book Award for Mind-Body-Spirit/Self-Esteem

## Book Information

Lexile Measure: 670L (What's this?)

Series: What Does It Mean To Be...?

Hardcover: 32 pages

Publisher: Little Pickle Press; 6/30/10 edition (July 30, 2010)

Language: English

ISBN-10: 0984080686

ISBN-13: 978-0984080687

Product Dimensions: 9 x 0.3 x 10.4 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 106 customer reviews

Best Sellers Rank: #10,404 in Books (See Top 100 in Books) #57 in [Books > Children's Books](#)  
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> [Alternative Medicine](#) > [Meditation](#) #240 in [Books > Religion & Spirituality](#) > [New Age & Spirituality](#)

Age Range: 4 - 8 years

Grade Level: Preschool - 3

## Customer Reviews

“What Does it Mean to Be Present? demonstrates practical ways to practice being present. Bright illustrations and lyrical text concisely and delightfully deliver the message of the importance of now.”--The Children's Book Review

Rana DiOrio was born in Providence, RI and grew up in a colorful Italian-American family. Her curiosity about the world began in kindergarten, while studying Western access to China and, obviously, panda bears. As a political science major/psychology minor in college, and then as a law

student, she became fascinated with understanding perspective, and how just about any person, place, thing, or situation can be interpreted in so many valid ways. I believe that I have two ears, two eyes and one mouth intentionally, so I listen and observe more than I talk, she explains. As a result, I think I'm better able to respect and appreciate diversity. Rana's inspiration for writing *What Does It Mean To Be Global?* was the election of President Barack Obama and explaining its significance, on so many levels, to her children. Rana has written her way through life as a student, a lawyer, an investment banker, a private equity investor, and now as an author and publisher of children's picture books. Her interests include practicing yoga, reading non-fiction, dreaming, effecting positive change, and, of course, being global, green, and present. She lives in Tiburon, California with her three Little Pickles.

The quality of this book cannot be overstated. Not only are the illustrations colorful and full of spirit, the message is a perennial call for humanity to return to its true nature; that is, being present to the reality of our being and our place in the universe. Ultimately, this is a children's book but anyone of any age can appreciate it. Ms. DiOrio says that being present involves, or rather exudes, patience, understanding, equanimity, communication, contentment, and respect for the natural world. This is a book to grow up with.

Great book in which all the Pre-school teachers love, of whom are involved in our Heal the Planet SEED Project. As our free educational program incorporates the aspect of Mindfulness, this book is a simple and gentle loving way as a reminder for kids to appreciate being in the moment, being respectful, kind good listeners, having patience, understanding mistakes help us grow, and having fun, and appreciating the simplicity of life. Highly recommended, especially for younger children!

Beautiful message for kids AND adults!!! More grown ups should read more children's books. They get straight to the point and in a very simple way.

Great Book! Beautifully illustrated, lovely message. Important life lesson for kids and adults, presented in easy to consume format, i.e. not preachy. I'm happy to support a small publisher that produces such a unique and beautiful book. This book belongs in homes, in libraries and in therapists' offices. Happy, fun and gorgeous.

I love using literature to help my clients understand a concept, as well as my own children. In a

world that moves so fast and can be detached, it is increasingly important that our children understand and learn how to be present. This is a wonderful way to introduce and encourage the concept. The illustrations are great and the story reads really well.

Book teaches students about what it means to be present. This book has a deep meaning so I would recommend it for older children.

A hit with all the K-2 crowd and interesting to older students even 5th graders

This book is wonderful! A great way to teach children (while also reminding ourselves) what it really means to live life. By enjoying what we have, enjoying each other, and remembering to be thankful, we are living the present moment and can be in touch with who we are and what's important in life. A very simple read, yet deeply meaningful for all ages.

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